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A₃ OBST. REVISION PAPERS
2010



Diagnosis

1st trim.

① Symptoms

- Amenorrhoea (not a sure sign)
- Morning sickness
- Frequency of mict.
- Breast symptoms
- Appetite changes
- Mood changes

② Signs

- Breast signs
- Genital signs
- Jaque-Mier
- Chadwick
- Goodell
- uterus

Palmer Contract. 6-12 wks
Hegar sign

③ Investigations

- Preg. test
- Latex 500 mg
- Elisa 50 mg
- RIA 5 mg
- U/S
- TU → 5
- TA → 7
- Sonicaid → 10

Endocr. glands

1] Pituitary

- ↑ size (esp. ant.)
- ↑ prolactin ↓ FSH LH

2] Thyroid

3] Parathyroid

- ↑ parathormone
- ↓ Ca⁺⁺ abs.

Breast

- 1st wks → tender, tingling
- 2nd m. → 1st areola pigment. Montgomery tubercles
- 3rd m. → Colostrum
- Late months → 2nd areola

4] Supra-renal

- ↑ free & bound Corticosteroids

Kidney

- GFR ↑
- RBF ↑
- ↑ clearance { creat. urea. BUN }
- ↓ renal threshold { glucose a.a. H₂O sol. vit. }

Ureter

- dilated
- pyelonephritis

Bladder

- Displaced up
- Frequency of mict.
- SUI ?!

GIT

elevated Mood depression

CNS

Sleep over in Somnia

Skin

1] chloasma gravidarum

- E may have MSH like activity
- chronic MSH
- ↑ placental & adrenal steroids

Resp.

(d.t. preg.)

Heart

blood

- Pressure ↓ in 2nd trimester
- Volume ↑ 40-50% (30-34 wks)
- RBCs ↑ 18-30% (phys. anemia)
- WBCs ↑ slightly
- Coag. → ↑ fibrinogen
- ESR ↑
- functional cyst

C.d. of preg. sec. (till 10-12 wks)

Goodell

Chadwick

Jaque Meir

- weight 500g → 1 kg
- shape Pear shape
- Parts → U/S (Ring sign)
- Cont. → U/S (Hegar sign)
- Cont. → Palmer (Br. Hicks)

Diagnosis

2nd trim.

① Symptoms

- Amenorrhoea
- ↑ Br. Symptoms
- Quickening PG: 18-20 MG: 16-18
- Progressive abd enlargement

② Signs

- Breast
- Genital
- Braxton Hicks
- uterine souffle
- Fetal
- Ballotment

internal 16-28
external > 24

③ Sure signs of preg.

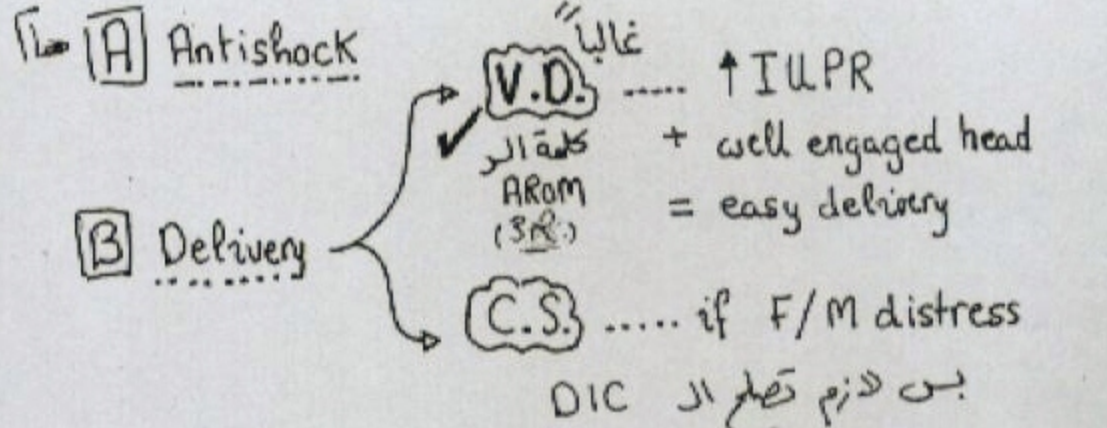
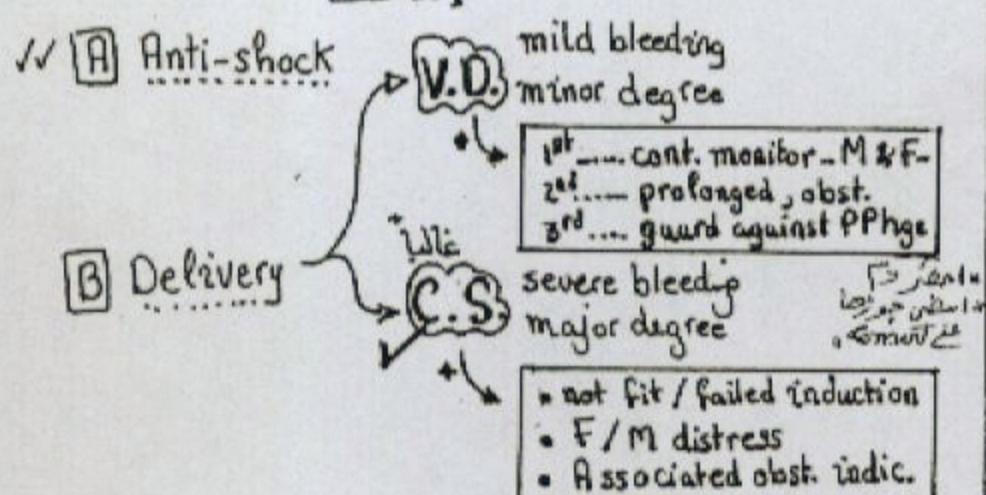
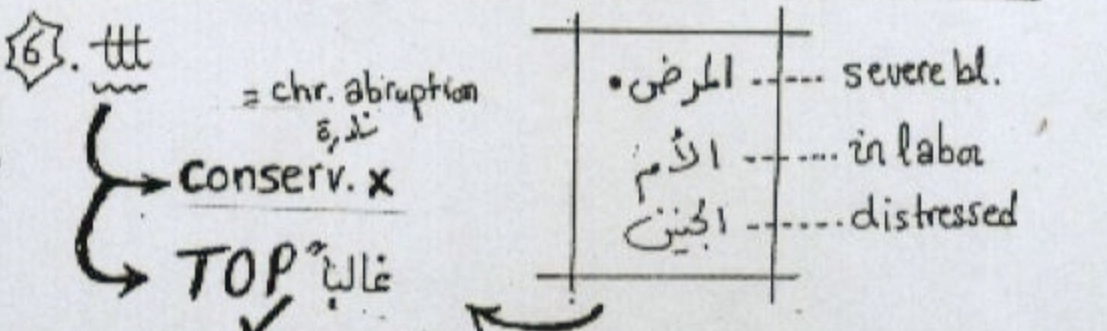
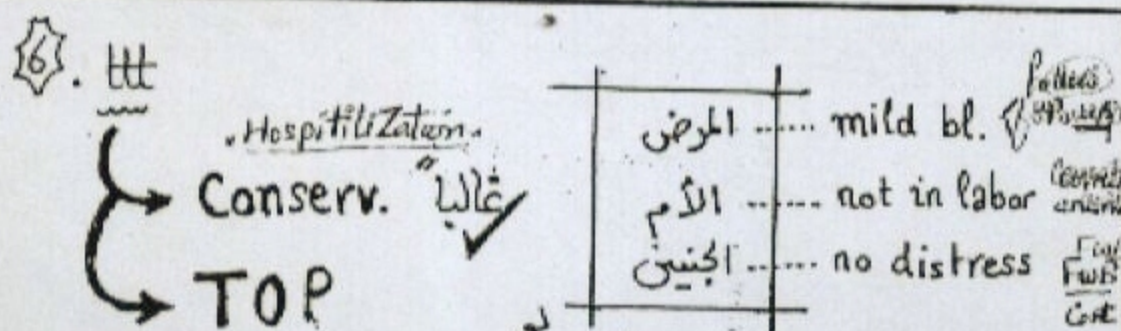
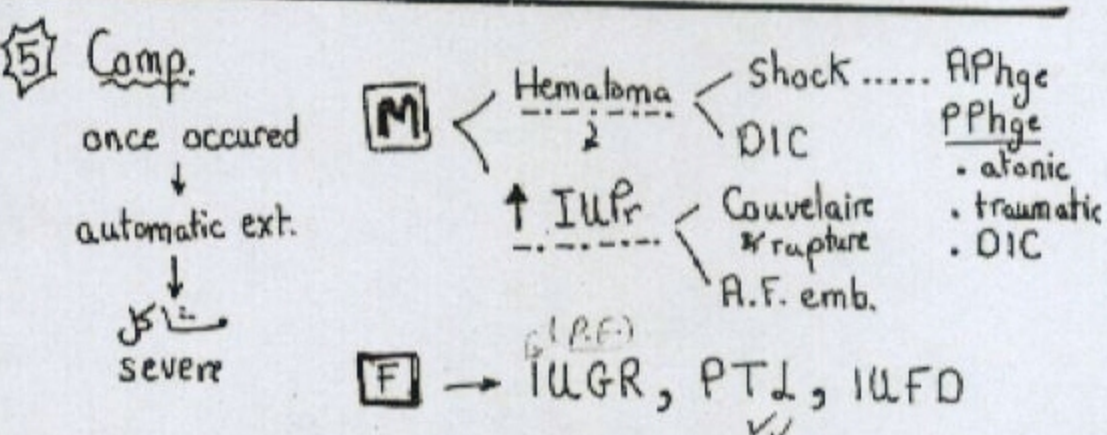
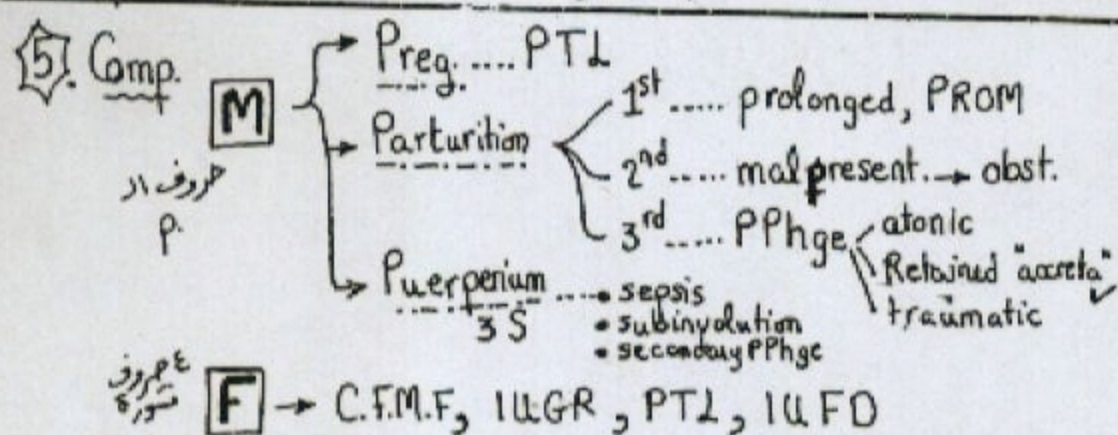
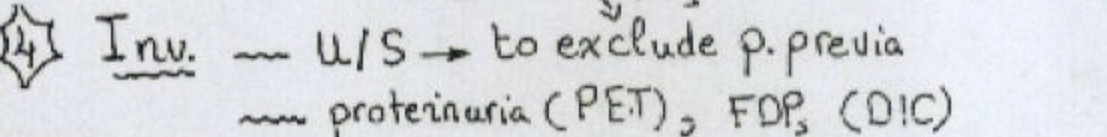
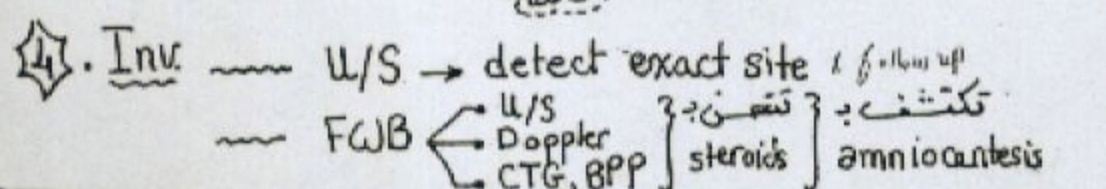
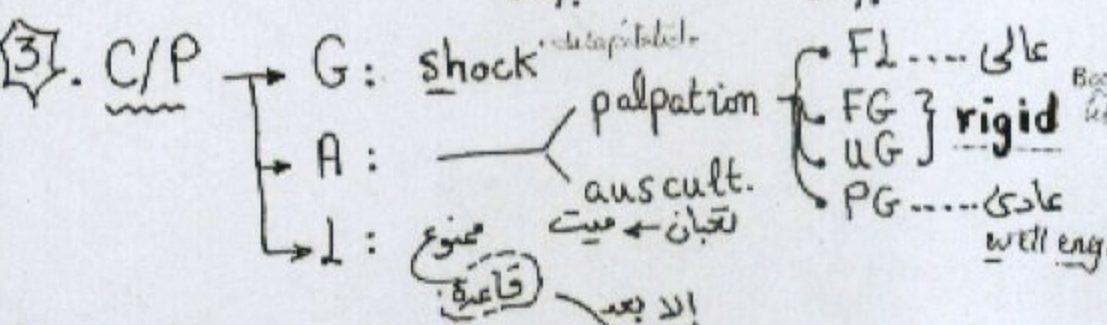
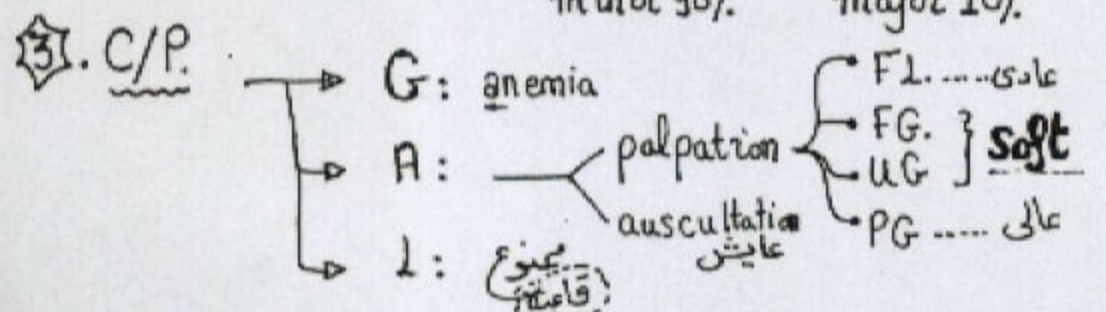
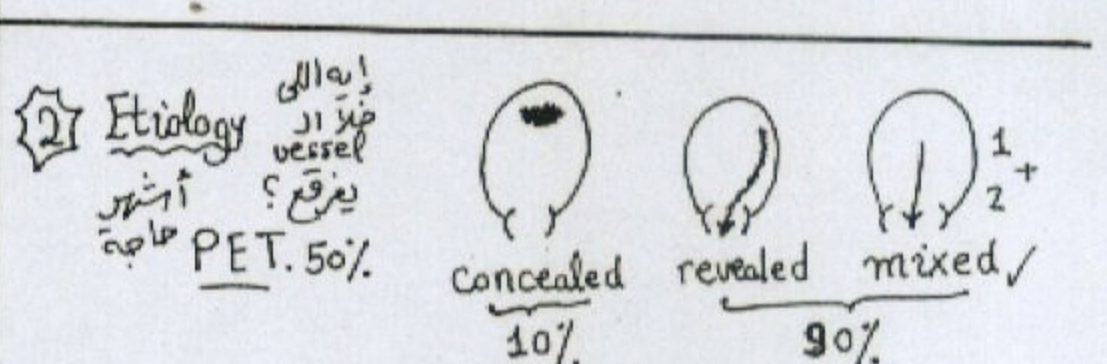
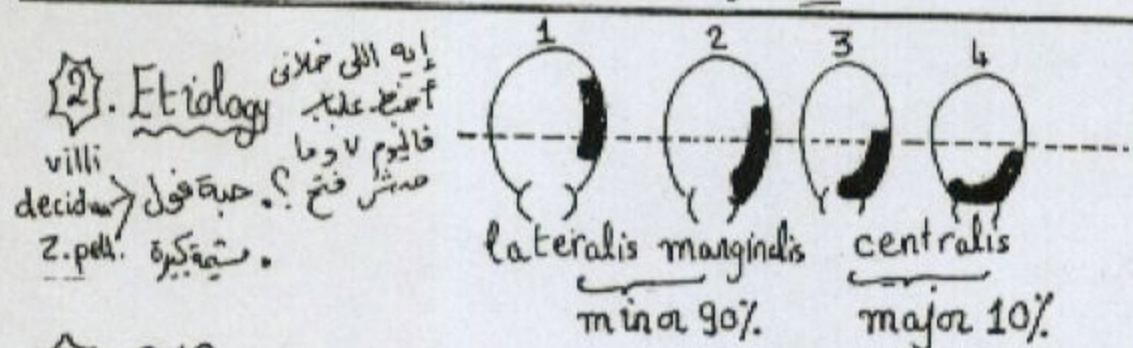
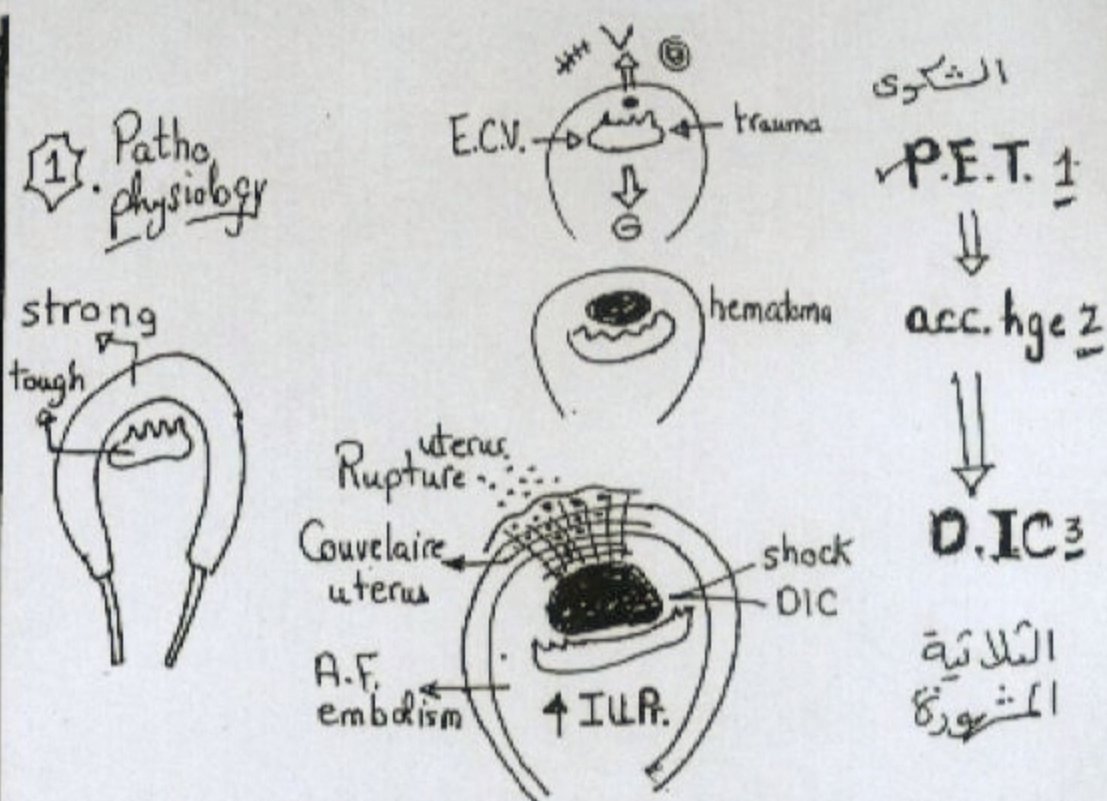
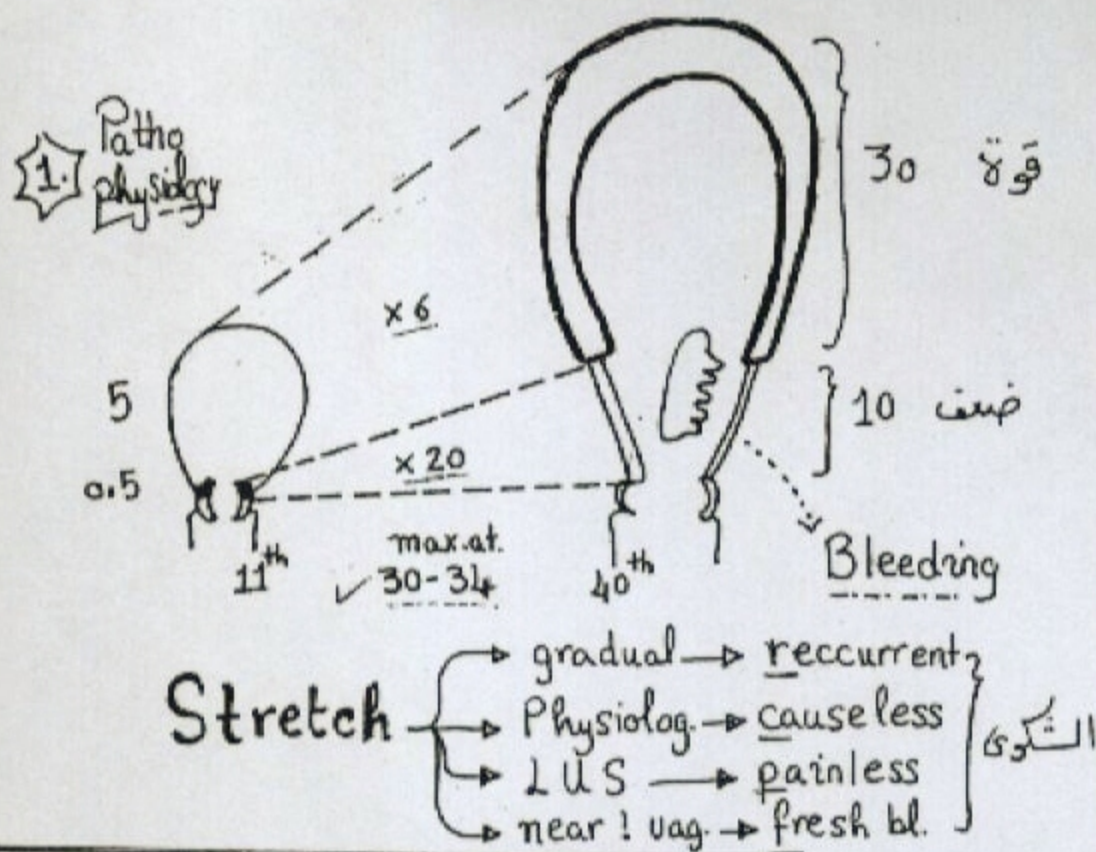
- Palpation
- inspection or palpate of movement
- Auscultal of FHS or umbilical souffle (funic souffle)

③ Inv.

- Body weight :- 9-125 kg
- Proteins :- +ve N₂ balance (1 kg protein)
- CHO :- diabetogenic
- lipid :- increased { lipids cholesterol }
- vitamins :- ↑ fat sol. ↓ H₂O sol. vit.
- minerals :- ↓ serum iron

- caloric intake 2200 ± 300
- Rest 8 hrs
- Exercise
- Travel → long flights
- Bathing → tub bath

- A-C compression
- ↑ pl flow
- Clothing: loose
- DVT



[C] Care of ... mother, newborn

[C] Care of ... mother, newborn

PET DIC

ABGAR score

Antepartum FWB

(*) Symptom → Fet Kicks { Cardiff count to 10
Normal > 1 FK/hour (> 32wk)
abnormal → if > 10 hrs or double norm.
subjective (not suitable for HRP)

(*) Sign → { Genual: ↑ weight
Abd: progressive ↑ in { FL = gravidogram
circumference = abd. girth

✓ (*) Inv

a. Doppler

- earliest detection before pathology e.g. PET, IUGR
- S/D ratio, resistance, pulsatility
- 1st → diastolic: ↓ ... stopped ... reversed finally → systolic stops

c. CTG

ويلاحظ

> 32 wks

stress
tachy fever, inf. drugs

160

FHR

120

↓ brady

most dangerous

B₂B

كوية

↓
صراع في
CNS

• amplitude

✓ neuro حادة

X metab وحملة

type I

type II

العلاقة مع حركة الجنين

Acceleration (NST)

- ve reactive > 2/20 m.
- +ve non // < 2/40 m.

العلاقة مع حركة الرحم

Deceleration (CST)

- ve ... no dec. type I
- +ve ... dec. > 50% suspicious ... dec. < 50%

8-10

6-7

< 6

(CTG) (Meyer-Mink)

0 1 2

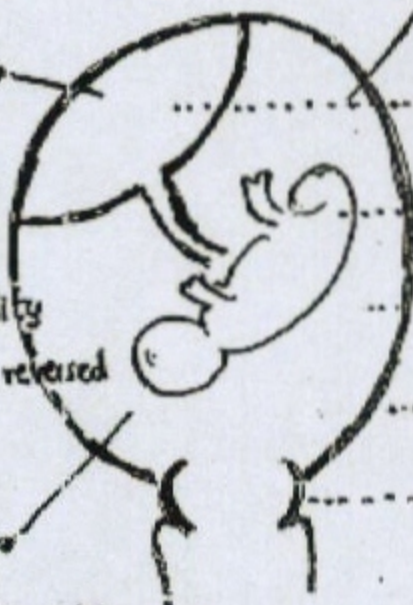
1. FHR	< 100	100-120	120-160
2. amplitude	< 5	5-15	> 15
3. Freq.	< 2	2-4	> 4
4. acc.	no	1	2/20m
5. dec.	> 50%	< 50%	no

⊕ →

BPP (Maning)

0 2

1. CTG	< 2	> 2 acc./20m.
2. f-breath.	less	cont. for 30sec.
3. f. mov.	less	3 mov./30m.
4. f. tone	-ve	opening/closing hand
5. AFV	< 1x1	1 pocket 1x1



Bleeding stops by:-

- 1) Contraction
 - intact ms
 - complete sep. of placenta
- 2) Coagulation

Types:-

1st (within 24hrs)

- Atonic ✓
- traum. (extrapl.)
- Retained (3rd st. hge)
- DIC (coag. failure)
- acute inversion x

2nd (> day... 42d penup)

- ! Commonest
- retained PL frag. ± Infest
- ! most serious
- Chorio Cr.
- 3S
 - Septis subinv.
 - subacute polyp
- others

Local general

Bleeding is known by

- * Shock
- * > 500 cc
- * ↓ Hct > 10%

1st PPhge

if placenta not delivered $\frac{1}{2}$ hr.

1 Retained pl. (3rd stage hge)

if placenta is delivered

2, 3, 4, 5 True PPhge -

2 Atonic (50%)

if not atonic

↓

EUA (fundo-perineal)

3 traumatic

- Rupture ut.
- cx tears
- perineal tears
- vaginal tears
- genital hematomas
- vulval para vaginal Broad ligam.

4 acute inversion

5 DIC

is diagnosed by suspicion < etiology paradox

History of etiology

Phys.

failure of

1. separation ... Ret. adherent

simple (atony)

morbid

nutabuck

2. Descent ... Ret. separated

Full bladder

atonic

rupture

cont. ring

types of

accreta increta percreta

complete partial not

* Preg

رغم تباني

* Labor

رغم مجهود

* uterus

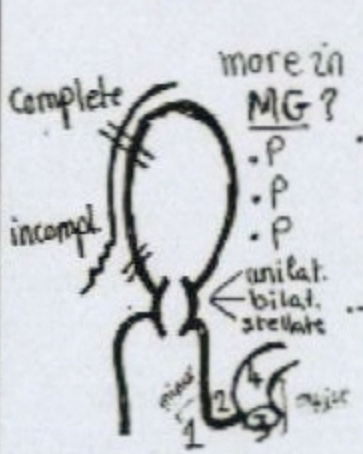
رغم مشقة

- 2 dis. < Anemia P. EIT P. previci Acc. Hge
- 2 hge < Twins Polyhyd
- overdistended ut.
- tocolytics فترة طيلة

- 1st prolonged
- 2nd straining excessive
- anesthesia
- manipulation
- full < chorionitis

- fibroid
- cong. malf.
- G.M.P

Types



etiology

spont. ... Scar

Preg. trauma ... ECV

labor spont. ... obst.

trauma ... forceps

Power كبيرة

Passenger كبير

Passage ضيق ex dystocia

overstretch

rapid stretch

rigid / soft

iatrogenic

comp. Shock

if hyst. ... infertile

if repair ... rupture

injury ... ureter

cx. Hge

inf. & fibrosis

PLO

x PTE

infert

Hge & inf.

Prolapse ... 2

incontin ... 3

fistula ... 4

Scar (silent)

impending: mild

Frank rupture

distress

obst.

cx. tears: 4 ring forceps

Sim's retractor

Auvard self retaining retract.

Rupture: SVH

prophylaxis

Scar only one LSES → VBAC

obst. early detectn

forceps during EUA after F.

GMP should deliver in Hospital

Perineal: Post. op.

* interrupted sutures

* Vicryl > chronic

* from above down

* Avoid rectal mucosa

(inverted Lambert)

I.C. Abs. Suppositories

shock < hypovolemic

neurogenic ✓

PPhge may be min. if

Placenta attached

Kinked Vs.

Paradox of < bleeding

thrombosis

Bed side test (Weiner)

Coagulation profile

G.E.A → repositioning 1st

Then manual sep. of placenta ✓

followed by < packing

ecbolics

tt of ! cause ⇒ TOP

v.O... safer

C.S... faster

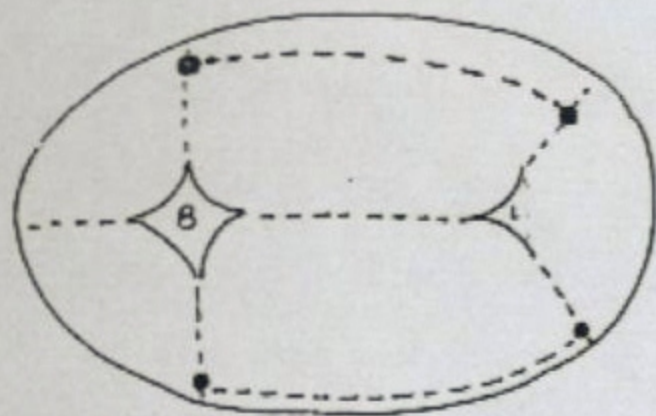
Replacement therapy:

fresh blood, FFP, fibrinogen

No < heparin

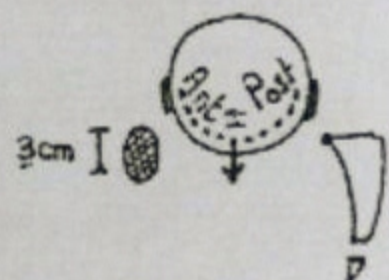
lel?

antifibrinolytics

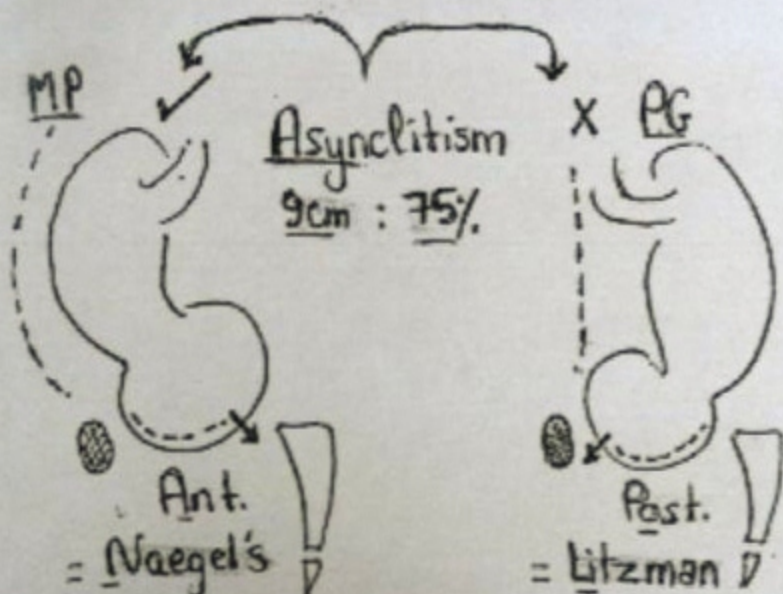


Transverse

Biparietal 9.5
Bi temporal 8.5
Bi mastoid 7.5

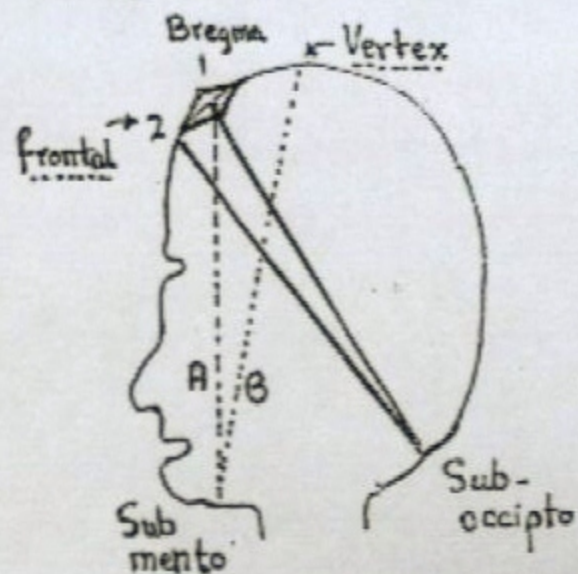


9.5cm: Synclism: 25%



Longitudinal

1. Flexion fully Sub occipito bregmatic 9.5
 2. O.A. not " " frontal 10
 3. O.P. " " 11.5
- A. Face fully extended Sub Mento bregmatic 9.5
B. not " " vertical 11.5
C. Brow " " 13.5
(longest A.P. diameter)

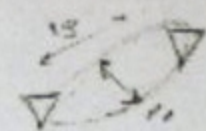
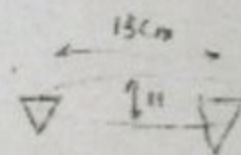


Diameters

Head

Pelvis

	A.P.	Oblique	Tr.
Inlet	11 (anatomical) (10.5)	12	13
Cavity	12	12 (12.5)	12
Outlet	13	12	11 (10.5) (anatomical) (obstetric)



Inlet

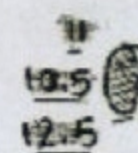
A.P.
Conjugate

Tr.

Oblique

Cavity

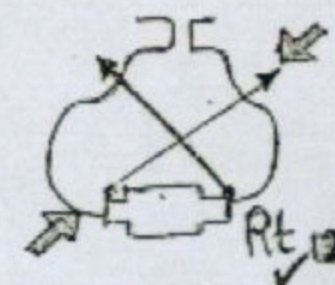
Outlet



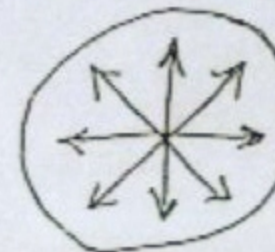
Anatomical (true)
Obstetric
Diagonal



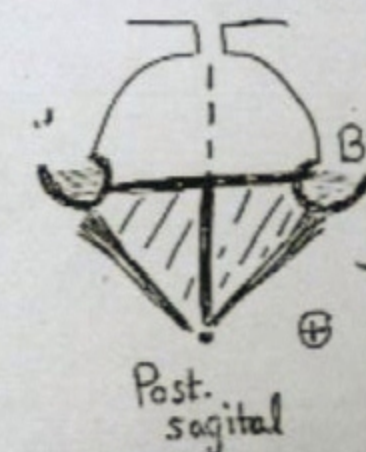
12: obstetric
13: anatomical



[O.P.]
Sacro-cotyloid
9.5



Plane of greatest pelvic dimension



Bituberous = 11cm
Thom's
15

Breech. 3.5% (35 in PTL)

Uncomp	Comp
<p>Spont. assisted extraction</p> <hr/> <ul style="list-style-type: none"> episiotomy Warm towels Bitroch. diam. (10) Biacromial (12) Occipito-frontal (11.5) 	
<ul style="list-style-type: none"> - Bring down a leg - Grin's traction - Bring down an arm - Lovset manoeuvre - Burn's Marshal - MSU - Forceps 	<ul style="list-style-type: none"> - Hard - Soft

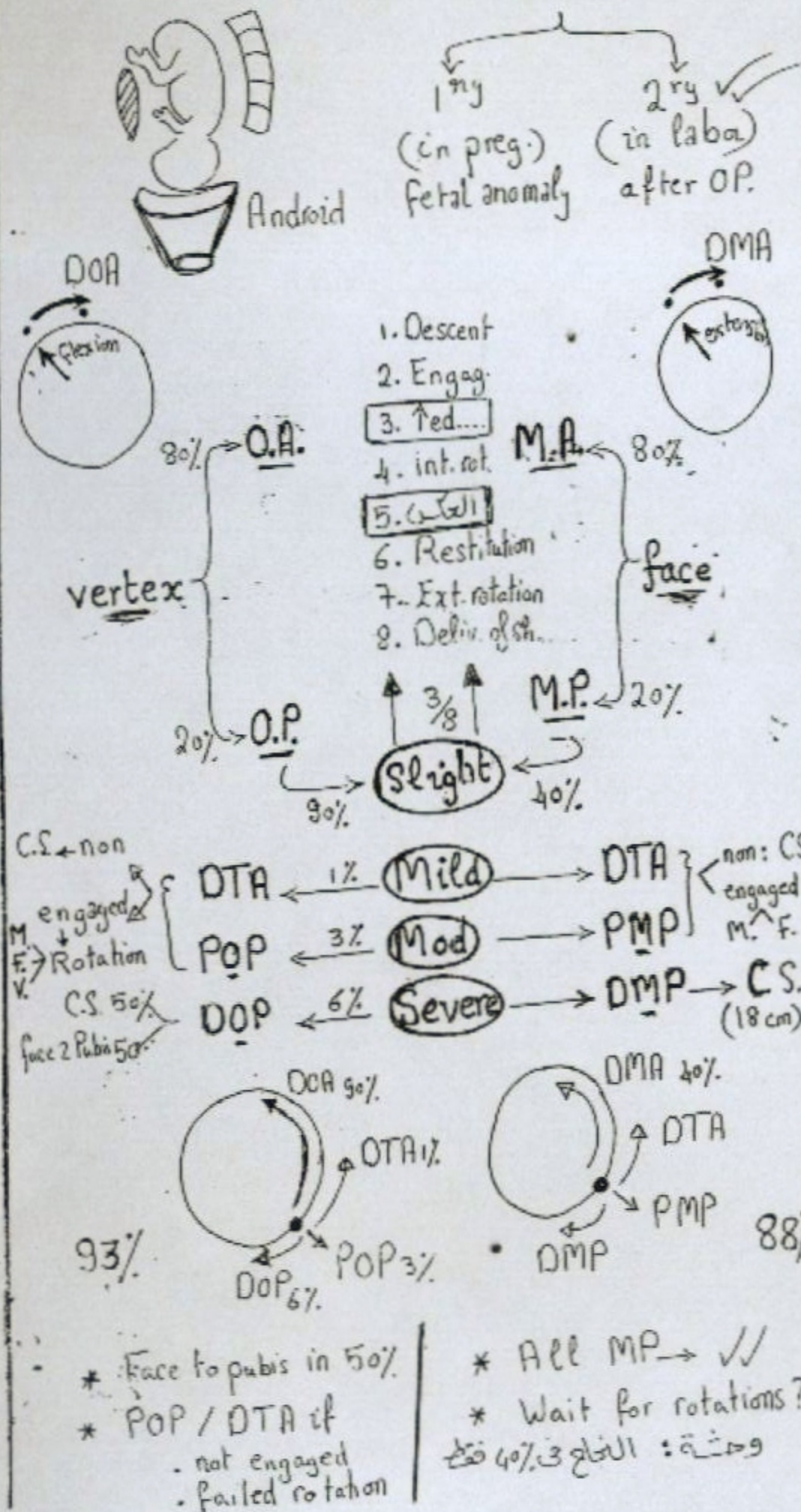
O.P. (20%)

face (1/300)

Breech 3.5%

etiology

Mech.



why! baby is cephalic

accommodation → failed

fetal mov. → interference

amniotic fluid → poly / oligo

Preg.

labor

Comp.

E.C.V.

ما تبقي

نصفه

أحسن

1) ↓ diameter

2) Rotate in direction of limbs

↓

Success

75%

but may recur

↓

Zatuchni

Andrews

Scoring

+ Cong anomalies

e.g. breech

Uncomplicated

Complicated

Buttocks

1. Spont

2. Assisted

3. Extraction

Buttocks

✓

✓

* Bring down a leg

* Groin traction

Shoulder

✓

* Bring down an arm

* Lovset maneuver

Head

✓

11.5 cm

* Burns-Marshall x

* Mauriceau-Smellie-Vict

(jaw flexion & shoulder traction)

القاذف

for exit:

* Forceps (Piper's)

Hinge

Hge

Hge

Hge

Hge

Hge

Hge

Hge

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Hge

Hge

High perinatal

* Mortality

* Morbidity

↓

C.S. ✓

شغري

V.O.

C.S.

V.D.

C.S.

Parity

MG

PG

Previous br.

✓

Foot, Knee

Type

Comp, Frank

Preterm, Postterm

Age

34-40

<2 >3.5

Weight

2-3.5

<2 >3.5

Head position

flexed

extended

Disp.

x

✓

شغري

why

< 34 wks

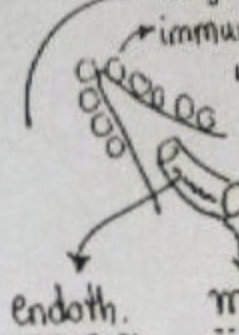

2 Kg ⇒ C.S.

* Slipping of small sized fetus & arrest of head in incompletely dil. cx.

* Rapid compression-decompression on head

→ 1 Chg (fragile cap.)

Types	Etiology (bone growth)	Assesment	CP ~~~~ CPD	Management																																				
<p>(*) <u>Normal</u></p> <p>50% Gynecoid</p> <p>20% Android 'funnel'</p> <p>25% Anthropoid</p> <p>Flat 5% Platypelloid</p> <p>! Commonest type is <u>Mixed</u></p> <p>(*) <u>Abnormal</u></p> <p>Contracted inlet</p> <p>Oblique</p> <p>Cont. mid cavity</p> <p>Cont. outlet</p> <p>G. contracted</p>	<p>1. Cong. familial, racial</p> <p>G. cont. pelvis</p> <p>Naegel's</p> <p>Robert's</p> <p>LOW/HIGH assim.</p> <p>Otto / split</p> <p>2. Acquired</p> <p>nutritional, mechan. hormonal, disease</p> <p>Kyphosis → c. outlet</p> <p>Scoliosis → oblique</p> <p>Spondylo → c. outlet</p> <p>Rickets → flat</p> <p>ostcom. → triradiate</p> <p>fracture → oblique</p> <p>amput</p> <p>3. Abd.</p> <p>Pend. abd.</p> <p>Non-eng.</p> <p>4. History</p> <p>Comp.</p> <p>F. Labor</p> <p>M. Preg.</p> <p>1st non-eng.</p> <p>1st ant. saccul</p> <p>2nd obst.</p> <p>2nd UTI</p> <p>3rd S3</p> <p>3rd Pend. abd.</p>	<p>لو الوزن زاد على sacrum</p> <p>1. Local</p> <p>2. General</p> <p>3. Abd.</p> <p>History</p>	<p>Anatomical</p> <p>[↓ by ≥ 1cm]</p> <p>1. Mild (10-9cm)</p> <p>2. Mod. (9-8cm)</p> <p>3. Severe (8-6cm)</p> <p>4. Extreme (< 6cm)</p> <p>Pelvimetry</p> <p>1. Clinical</p> <p>External</p> <p>Inlet</p> <p>Outlet</p> <p>Internal</p> <p>Subpubic angle</p> <p>Ischial spines</p> <p>Diagonal conj. 12.5</p> <p>2. Radiological</p> <p>lat. view</p> <p>Brim view</p> <p>Pubic arch view</p> <p>AP. diam.</p> <p>Semi-sitting Pelvic Brim Inlet</p> <p>Obst.</p> <p>[↓ to ! extent w' interfer w' labor]</p> <p>No 1st</p> <p>2nd</p> <p>Special tests</p> <p>Pinnard</p> <p>Muller</p> <p>Kerr's</p>	<p>Def. is changed from CP → CPD</p> <p>Large babies could be delivered from a larger pelvis</p> <p>Nothing 'allow delivery'</p> <p>Trial of labor</p> <p>C. section</p> <p>Power → m.b. effective</p> <p>Per. → asynch. moulding</p> <p>Pge → pelvic give</p> <p>PG, healthy, young</p> <p>vertex, OA, No F. distress</p> <p>1st CPD, no cont. outlet</p> <p>How? 1st stage</p> <p>2nd stage</p> <p>engaged: F, V</p> <p>non-eng: C. S.</p> <table><tr><th></th><th>Causes</th><th>Mech.</th></tr><tr><td>1. Generally cont. p.</td><td>- inlet: ↓ engag.</td><td>C.S.</td></tr><tr><td></td><td>- cavity: ↓ rotation</td><td></td></tr><tr><td></td><td>- outlet: ↓ exit</td><td></td></tr><tr><td>2. Cont. inlet (flat p.)</td><td>• Simple</td><td>C.S.</td></tr><tr><td></td><td>• Ricketic</td><td>asynch.</td></tr><tr><td>3. C. outlet (funnel p.)</td><td>- Ando, Anthr.</td><td>Thom's rule (≥ 80 ≤ 15 cm)</td></tr><tr><td></td><td>- Kyph., spond.</td><td></td></tr><tr><td></td><td>- High assim.</td><td></td></tr><tr><td>4. Oblique</td><td>• Naegel's</td><td>in 1 other oblique diam</td></tr><tr><td></td><td>• Scoliosis</td><td></td></tr><tr><td></td><td>• lower limb</td><td></td></tr></table>		Causes	Mech.	1. Generally cont. p.	- inlet: ↓ engag.	C.S.		- cavity: ↓ rotation			- outlet: ↓ exit		2. Cont. inlet (flat p.)	• Simple	C.S.		• Ricketic	asynch.	3. C. outlet (funnel p.)	- Ando, Anthr.	Thom's rule (≥ 80 ≤ 15 cm)		- Kyph., spond.			- High assim.		4. Oblique	• Naegel's	in 1 other oblique diam		• Scoliosis			• lower limb	
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	• lower limb																																							

Etiology	Pathophys.	C/P	PET	Pathology	Comp	Inv.	Types
1 PIH ± genetic immunolog.  Endoth. imbalance ↓ PGE ₂ ↓ P. cylin ↓ NOD ↑ F _{2α} ↑ TXA ₂ ↑ Fibrinolytic ↑ ANF ↑ over-dist	عذوة لبيبي أنا عايز * غزاي؟ invasion of media of spiral vs * لبق؟ second half * لبي؟ * ده عايز؟ * ما عايز؟ twins v.m. polyhyd. APS H. fetus	Sympt Headache blurring NS & V. neurology sympt.	Signs 1) HTN (A.N.C.) > 140/90 > 30/15 2) P ₂ uria (non-selective) > 300 mg/L (+1) • boiling • albutix • Esbach • fake p ₂ uria • UTI • orthostatic	 HTN & edema ischemia & infarction	hge, eclampsia edema, detachment H.F., atrophy Pul. edema failure, rupture Addison Renal necrosis tubular cortical Acc. hge DIC H.E.L.P synd IUGR PTL IUFD later on recurrence persistence	1 Comp Prodroma (3-5m) Tonic (30 sec) clonic (3-5 m) Coma (variable) types antepartum 70% intrapartum 20% postpartum 10% Comp. asphyxia met. acidosis hyperpyrexia Eden's criteria 2 Etiology = screening Doppler Roll over Hand immersion 3 Diagnosis albuminuria	Mild Severe * sympt. (pathology) * Signs 8hr alb. 160/110 ++ * comp. M. F. * inv. M. F. Fulminating = severe + hyper-reflexia Eclampsia + fits.
2 PA₂H = chronic 1 st → 2 nd	* بالذات • Pt. ecc • PG • obese • extreme of age • +ve F. history	• occult/manifest/dry • foot - fibrous - valvular • abd. (peau d'orange) • puffy lids, papilledema • phys. • general • unilat.					
3 PA₃H = superimposed pre-ecl. → eclampsia	• Post hist. • DM • renal						

1 Pre-conceptional care

Prophylaxis

(*) early detection by regular AN/C

(*) Aspaacid 75mg for high risk

↓ PGF_{2α}
 irreversible (nuclear)



reversible inhibition (nuclear)
 → PG-E₂ ↑

2 Conservation "Hospital"

mild PET * لين؟

* إيه الريف؟

① early detection of comp.

→ daily: العيل و الفنت و الزان
 → weekly: المعامل و الفنت و FCB

② Control of HTN

• bed rest
 • diet
 • sedative
 • antihypertensive

✓ α-methyl dopa (250 mg 1x4) doesn't stop! progress
 • may ↓ fetal flow
 with β-blockers
 Ca⁺⁺-blockers

* لغاية لاسي؟

→ maturity (± steroids)
 severe قلب سي Comp

3 TOP

ليني؟

- 1 mild (if mature)
2. Severe
3. fulminating
4. Eclampsia

Action

• sub-cortical depression

• diuretic

• MNJ

toxicity

coma

H+Θ 15-20

Resp.Θ 12-15

يفرز منو

KneeΘ 8-12

reflexes

MgSO₄

4-6gm slowly then 1-2gm/hr

fits
 eclamp room

induction of labor (AROM ± oxyt.)

C.S. (only if مريض)
 Done 2-4 later

Antihypert.

- ✓ hydralazine (direct V.D.)
- labetalol (α, β blocker)
- Nefidipine } dangerous
- diazoxide } dangerous

others Nipride (Na nitroprusside)
 tridil (nitroglycerine)

No diuretics (except H.F.)
 plasma v. expanders with caution (v. overload)

4 Post-partum care

• Neonborn

• lactation

• contraph

• continue MgSO₄ 24-48 hr

• الحمل اللي بعده

↓

Screening

لأن نسبة لا

recurren

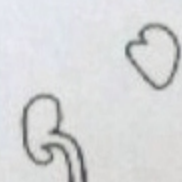
عالية

Etiology	Pathophys.	Complication	Diabetes Mellitus	Inv.	Classification
<div>1 <u>GDM</u> 90% 2 <u>IDDM</u> 10% - type I-juvenile will get pregnant 3 <u>Non-IDDM</u> - type II- Maturity have got pregnant Acc. to stage ► Potential ► Latent ► chemical ► established (overt)</div>	<div>خدمة الليبي أنا عايز إزاي؟ • anti-insulin hormones • pl. insulinase إزاي؟ Second half (biphasic gluc. control) ليه؟ دع معناه GDM only apparent in 2nd half Screening (24-28 wks) GDM "bypass" C.F.M.F. & Vasculo-pathy</div>	<div>On D.M. 1. Potentially diabetogenic 2. worsens { established D.M. pre-existing comp. 3. Hypoglycemia may occur at:- • Preg. renal * labor * puerp. fetus starvation On Preg. 1 Mother "P" Preg. ... PET Polyhyd. } 25% P. previa P. placental P. puerp. Part. Prolonged, PROM Puerp. P. Phge, P. sepsis 2 Fetus CFMF. ↑ 3x. Abortion • CVS, CNS • hypoxia • sacral agen. • hyperglyc. IUGR macrosomia (40%) ✓ PTL (yutopar? steroid?) IUFD esp. sudden hypoxia hypoglyc. hypocalc. RBCs bilirubin viscosity trauma, CFMF, PNUMR sh. dystocia 3 Neonate</div>	<div>1 Etiology = screening - Not in urine? - 1 hr. gl. [glucose] Booking (high risk) 24-28 (all others) • obese, > 35 yrs • +ve fam. history • previous macr. baby 2 Diagnosis = Confirmatory if 1 hr > 140 ⇒ 3 hr. GTT DM ≥ 2 قوادة غلا IGT ≥ 1 قوادة غلا • renal +ve at peak? in • alimentary +ve at 1 hr. urine 3 Comp. • HB A1c • fructosamine = CFMF 4 Previous control</div>	<div>* Recent clinical * Priscilla White ♂ 1 <u>GDM</u> • A₁ < 105 (low risk) • A₂ > 105 (high risk) 2 <u>IDDM</u> without EOD • B > 20 < 10 • C 10-20 • D < 10 > 20 (stable, not stable) 3 <u>IDDM</u> with EOD • F • R • H • T</div>	

1 Pre-conceptional Care

☐ No oral hypoglycemic

☐ No preg. if comp.



☐ CFMF

HB A_{1c} > 12%.

[normal] = 5-8%.

2 Conservation "ANC"

2 wks (3 in GDM) till 32 then weekly

① early detection of comp.

→ clinically السكر والحمل
 → investig. السكر والحمل +

	GDM	IDDM
شكاه (US)	38	18-20 serially
صحة (FwB)	34	32 يكرر حسب الحالة

② Control of D.M.

• Diet + exercise (A₁)

• insulin (الباقى)

short + intermediate 0.6 0.7 0.8

check up
 (في وقت الراحة)
 (في وقت القعدة)

7 am 2/3 1/3 R.
 5 pm 1/3 1/2 R.
 1/2 NPH

* علشان أحيانا هاف

4c

Hospit.

Control calculation complications confinement

3 TOP

* القاعة < not allowed to pass previous unexplained sudden IUFD قبلها 1-2 أسابيع

* GDM A₁ 40 K.

* الباقى controlled 38 K.

not controlled 37 K. (or as soon as mat. is documented)

comp. 37 K. في أي وقت F. M.

* C.S. < macrosomia > 4 Kg previous unexp. IUFD غير كره ممكن V.D.

→ قبلها no insulin
 → أثناء الولادة 5x5x5x5
 → بعدها no insulin
 يتعمل مكرو 4 مرات
 ويحقن إنولين ملين حسب التحليل
 5 units SC/50mg/ فوق ال 50%
 لغاية ما السكر يرجع على

4 Post-Conc Care

☐ Neo born expert neonatologist عنده مشاكل كثير

☐ Lactation كوية ومفيّة

☐ Contraception

COC x

IUCD x

☐ prognosis

- recurrence 2/3

- في الحمل الجاي

- later on 50% type II D.M.

Intra-partum "FOWB" written

1 Clinical = partogram

intermittent ausc (Pinard)

1st ... 30 min } heard after ut.
2nd ... 5 min } cont. for 30 sec

(2 exclude type II disturbance)

A.F. colour

Meconium stained (distress)

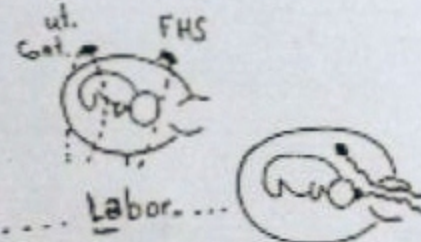
Normal in: Breech, oligo, postdate

2 Electronic

external

internal ... labor...

B₂B ... ext. & int. -
ROM, cephalic, occipital -
inf. & injury -



3 Biochemical

fetal scalp Ph

N ... > 7.25

borderline ... 7.2-7.25 → Repeat > 20 min

distress ... < 7.2 → C.S.

fetal pulse oximetry

change pt position (tt lat)

stop ecbolics (stent tocolysis)

give < fluid

if still distressed < C.S. (if full dil)

if still distressed < Forceps if full dil vent. - engaged

acute fetal distress

Tocolytics

1 Types

long term ... widely used ... but no improvement in neon outcome
short term ... 48-72 hrs ... till steroid act & transfer to hospit.

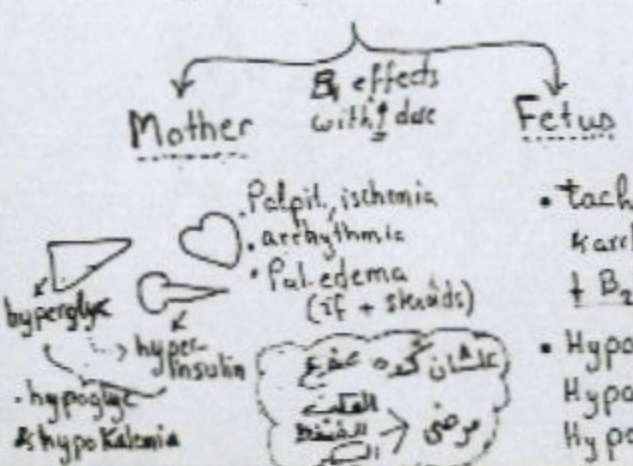
2 Indications

Mother → distress ... PET
Fetus → distress ... IUGR
dis. (PTL) → progress ... > 4cm
Fully effaced
ROM

3 B₂-agonists

Ritodrine Hcl
Yutopar

50 mg ampoule / titration
till contr. disappear ... شلّة



MgSO₄

loading 4-6gm IV / 15-20 min
maint 1-2gm IV drip / hour
excretion Kidney &
follow up - Knee jerk
- UOP
- Resp. rate
therap. level 4-7 mEq/L
Toxicity 8-12 ... Knee
12-15 ... Resp
15-30 ... Cardiac

Anti-PG

oral Brufen 25mg 1x4
rectal Profenid, indocid 100mg 1x2
side effects Mother: stomach ulcer
fetus: premat. closure of ductus art. oligohydramn.

Ca channel blocker

loading 10mg / 20m. (4 doses)
maint. 10mg / 6hrs
Adv. ... same efficacy as yutopar & more safe
Side effect ... hypot, flush, tachyc

indic. ... all HRP → enhance fetal release of surfactant
contraindic < DM } poor control < PROM } inf.
HTN } control < RHD } inf.
Dose (24mg) ... Beta 12mg / 24hrs Dexta 6mg / 12hrs
Method ... multiple ... Single
side effects ↓

3/1/2009

Ecbolics

1 Oxytocin

9 a.a. Nonapeptide synth. in hypoth. stored in post pit

late contr. safe

uses

Preg. early ... ind. of ab., tit. of postab. bl.
late ... ripening of cx, ind. of labor
Labor 1st ... augment. of labor, tit. of inertia
3rd ... manag. of 3rd st., tit. of PPhge
Lactation ... may be used as lactagogue

Comp.

over-stim. Mother: R. ut., A.F. emb.
Fetus: Pl. insuff. → distress
over-dosage water intoxic: hyponat
neonatal jaundice

Contraind.

ut. scar, GMP
Pl. insuff. & f. distress } absolute
CPD, p. prev., Tr. lic

adminstr.

titration: 0.5-2 mIU → ↑ by 2 mIU
10 Cordif. pump / min 1/30-60 min

2 PG analogues

early ripening dangerous

Ripening of cx & induction of labor
PG E₂ ... prostin, vagiprost } 25ug/4hr
PG E₁ ... cytotec, mesotec } (4 doses)
uterus * intraut. extram. (ind. of lab.) } PG E₂
* intramyometrial (in PPhge) } (contraction)
fetus * Keeps ductus art. patent
* helps urine production

3 Methergine

tonic (مقبلة)

uses (action lasts 4 hrs)

Abortion ... postab. bl.
3rd stage ... atonic PPhge

Comp. if

< fetal delivery → distress
> dose → V.C. → HTN & ischemia

oral 1mg ... 7 min
IM 0.5mg ... 3.5 min
IV 0.25mg ... 1 min

IUFD

Antenatal: - IUGR
Intranatal: - PHL
Postnatal: - PTL

PNMR = still birth + neonatal death / total birth in 1 year x 1000

F. distress

Ante-natal
Intra-natal
Ht
Prophyl. FOWB
active ... TAP

N. asphyxia

= asphyxia neonatorum
A. livida
A. pallida

Ass. of lung mat.

History ... LMP
clinical ... f. level
Inv. → U/S
L/S ratio
bubble stability
aminocent.

R. distress synd

type I ... HMD
type II ... TTN
mecon. aspirat.

APGAR score

Appearance
Pulse
Grimace
Attitude
Resp. rate

N. jaundice

Physiological
Patholog.
Prehepatic
hepatic
obstructive

	IUGR 5%	Macrosom 5%	PROM 1-10%	Oligo 0.5%	Poly 0.5%	Preterm = abortion 5-10%	Postterm 5-10%	* Full term (37-42w) (80-90%)
Def.	B.W. < 10 th percentile Pl. insuff. < maternal placental is det.	B.W. > 90 th p > 4.5 or > 4 (D.M.)	10% < active ut. cont. (PROM) 1% < 37 wks (P PROM) PTLE	* clinically ↑ amount * U/S < AF < 5L AFI < 5cm	* clinically ↑ amount * U/S < AF > 2L AFI > 20cm	Labor < 37 wk 6-8/hr > 4/20m 2cm dil. > 80% eff.	Preg. > 42 nd wk Oxymature < postt. IUGR	
Etiology	HRP inf. CMF M P F	G DM... M Obesity Post term E. Fetus I	7i inherent weakness insuff. nut. incomple. cx I.C., infection, iatrogenic	Post term Pl. insuff. (PROM) CMF anti-B (Potter) PG	D.M. chorio-angioma H. Peltis twins CMF e.g. oper. NTD esoph. atresia congen. nephrosis	Spont. M L twins H. Peltis CMF AF infection Polyhyd. PROM Induced for M. sake	* wrong dates i.e. Malpresentation * No oxyt. steroids i.e. amniocentesis PG i.e. long use of Anti PG	
C/P	G FL UG FHS L	↓ weight < 30 Kg > 28 wks < 3men. (gravidogram) oligohyd. (abd. girth) ± distress previous history presence of etiology	↑ weight > amenorrhea	* sudden wash of H ₂ O vag. fluid < amen. early felt early heard Never... except if Top	± P.E.T. Same = AFM small bag of fore water	acute 1/2000 4-6m Chronic 1/200 > 28wk Pr. symp, U/S, PET Pain, stretch cx partially dilated	1 Pts at risk Good AHC Sedative, no SI, rest Serial < TVUS (cx) (Screening) Fibrinogen 2 medicine < Prog esp. previous PTL polyhyd. PROM twins	weight. abd. girth علائق الماء قليلة بالرغم من أن حجمه كبير
Inv.	Art. B. Comp. Diag. Routine E.	GTT, Storchel U/S 2 types symet. asymet. EGA & U/S Serial U/S	GTT U/S esp. TAD	History sterile cause AFI.. U/S amniocent. CBC FHB	exclude Rom U/S AFI CFMF post-maturity < 5cm	GTT U/S AFI CFMF > 20cm Twins uniov. Acute	U/S BPD liquor pl. G	
Comp.	M. F. P. P. P. F. J.	Preg. IUFD Labor < HIE MAS. Fetus < hypo glycemia gastric thromb. jaund. DV	Shoulder dyst. M. PPH	M. PTL Chorioam. G... fever, pulse, & WOP A... tend, fetal tachyc. L... parental disch	peri-natal asphyxia mild, cord compression Prolonged dige. lung hypoplasia Adhesions Talipes equinov.	M. E. CFMF PTL P. 3S	3 Established PTL Hospit. < rest hydration Abses toxicities steroids Beta 12mg/24 (2 doses) Dexa 6/12 hr (4 doses)	M. F. asphyxia مياه قليلة مستحيلة injury عيل كبير
ttt	1. Prophylaxis 2. Active Cons. TOP 3. Neonate Expos.	* Proph. Baby aspirin 75mg * Preg. I... TOP II... Hospit. 1. ttt of 1 cause 2. Drugs... aspirin heparin steroids 3. follow up growth (U/S) maturity (L/S) FWB + Doppler * TOP C.S. V.D.	* Proph. ... - to & DM. - elective CS * Active ... CEA episiotomy 1. McRobert suprapubic 2. Bring down post arm rotate trunk 3. Symphysiotomy Zavanelli	-ve < 26-35 +ve stoch. PTL or steroid lung mat. infection TOP ↓ Hospit. fever chart/vh TLC ESR 20 CRP rem. etc cerclage	* Preg. → malform No Yes: TOP follow up & distress amniocent. * Labor → TCS prolonged labor fetal distress magn. (breach)	* Acute → TOP by Controlled Oress Hole H ₂ O Smythe (Hald 14w) * Chronic TOP if conserv. ttt of cause drugs anti PG amnioreduction Follow up - Pr. symp.	4 if delivery occurred 1st 2nd newborn ↓ ↓ ↓ ABG epis. special care vit K forceps avoid depressant drugs CS if UGR breach	40wks. قلق FWB twice/wk fetal Kicks 41wks. قلق Fit - احسن not - اسف (AFI) (AFI) 42wks. الزيادة V.D. C.S. PG - ARM oxyt.

only wait 10 days
> 40 w

Max. → 7

Twins
1/80
Helin's rule

etiology

- 1) Race < familial ↑ age ↑ parity
- 2) Hormones < induction C.O.C. (Rebound)

1. placenta
2. Am. memb.
3. Fetus

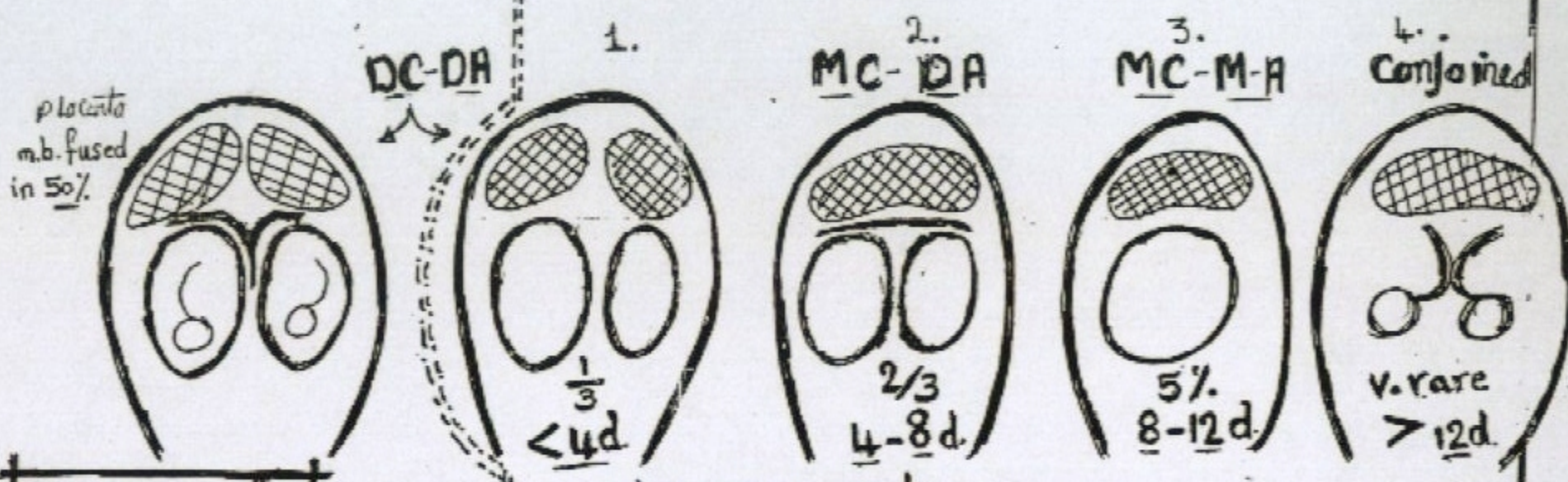
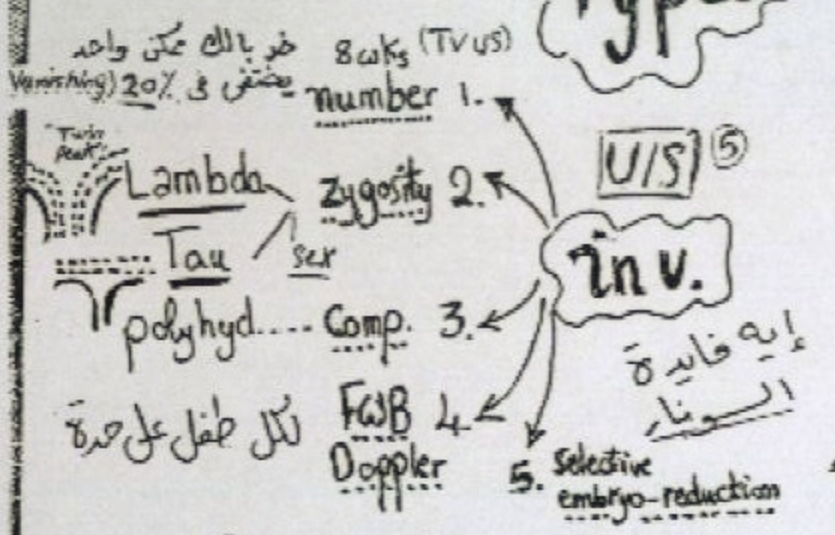
due to fertilization of one ovum by one sperm → constant factor
all-over! world = 1/250

identical except in
Finger prints
Hair position
Voice pattern

C/P 25% missed

G. < excess weight
11 edema
+ PET

Types



2/3 Binovular
(Dizygotic) (fraternal)

Monovular 1/3 (identical)
(Monozygotic)

- CFMF
- IU GR... discordant twin
- PTL
- IUFD... maybe single case fetal demise

- TTTT < IU GR (donor) fetus
- Cord entanglement
- acute polyhydramnios
- Conjoined twin

A. - palpation

- FL > 8 men.
- multiple poles
- delayed engag.

- auscultation

- 2 FHS heard
- Arnaux sign (gallop rhythm)

L.

- slow ex. dil.
- large bag of 4 H₂O
- PROM
- cord prolapse
- small present part in station 2 3/4 4 1/2 Abd.



1st stage

guard against PROM sepsis

2nd stage

twin A --- episiotomy ✓, min. interference
after its delivery --- no methergine x, exclude cord prolapse.

3rd stage

twin B → Cephalic < spont. delivery (20-30 min)
if distressed @ > 20 min
- engaged → forceps/ventouse
- non-engaged → IPV & br. ext.

- guard against PPhge
- إزاي تفرق الإثنين من بعض؟
- 1. babies sex, group, HLA
- 2. Placenta
- 2... binov. & 1/3 monov.
- 1... binov. & 2/3 monov. (fused) 50%
- Peeling out! Membrs.

- breech < spont. br. delivery
if > 20 min or distressed → Br. extraction
- transv. — IPV & br. extraction.

- Diet كوية
- Rest أكثر
- Follow up أكثر
- proph. cerclage
- steroids
- tocolytics
- طشان المشاكل للأم
- كل طفل للطفل
- لوحة

C/S

1. Monogamniotic
 1. st non-vertex
 2. nd twin retained
- ③ babies or more
 - rapid compression du lomb.
 - حبال غريبة
 - locked twin
 - conjoined twin

Hydrops fetalis

= G. skin edema
+ fluid in serous cavity
+ placental thickening

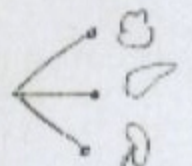
(\downarrow ed > 1960)
(\downarrow ed to 1.5%)
C, D, E Rh 1.

IgM (mild) ABO 2.
Kell (Lewis) minor 3.
Kid
Duffy

Immune

non-immune

- * Causes of G. anasarca
- * infections
- * Chromosomal (Turner)
- * hematological (α-th.)
- * TTTT



immunity



Ag

Ab

Cc, Dd, Ee
-ve in 15%
Lipoptin in RBC wall

1. Cong. hemolytic anemia
2. Icterus gravis neon.
Kernict
C.P.
mother removes bil. intraut.
3. Hydrops fetalis
HSM, Ht. failure
extro-medullary hematopoiesis
severe anemia < 8gm%



4. recurrent IUFD
5. recurrent abortion
habitual (descending)

bws ← الحصة

PG

RH -ve mother
RH +ve father

MG

* Not affected except <

* Prophylaxis: Anti-D [RhoGAM] = 300 ug

→ within 72 hrs (upto 3 wks)
Some... 28 wks (recently)

→ no need if ! baby is Rh-ve

→ Less need if minor maneuver (50-100 ug)

→ more need if additional risk

* Best is according to Kleihuer Bette test = acid elution test (300 ug < 30 fet. blood) 15 ml RBC

[0.1 ml is enough]
* Always affected (descending) except. 1/2! Father hetero

Rh-titre (18-20 wks) indirect Coombs

Sensitised

Not

15%
= 1.57%
Titre > 1/16
ليس قال علاقة بين titre و affection

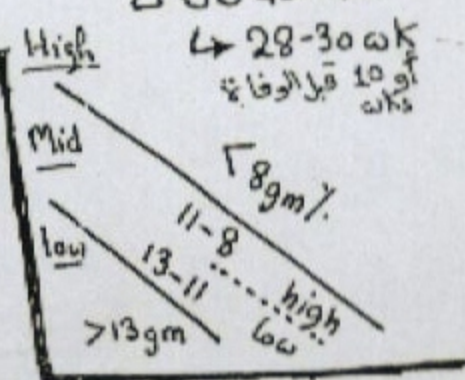
Amniocentesis

Δ 00 450 nm

→ 28-30 wks

10 قبل الوفاة

Lilley's chart



- a. low > 13g → 3wk FT
- b. Mid 11-13 → 2wk 37-39
8-11 → 1wk 35-37
- c. High < 8 → 1/S

immature intraut. transfusion
mature: TOP

[G-ve: 10 mL/wk > 20 wks]
[intraperitoneal.... cordocentesis]

Other inv

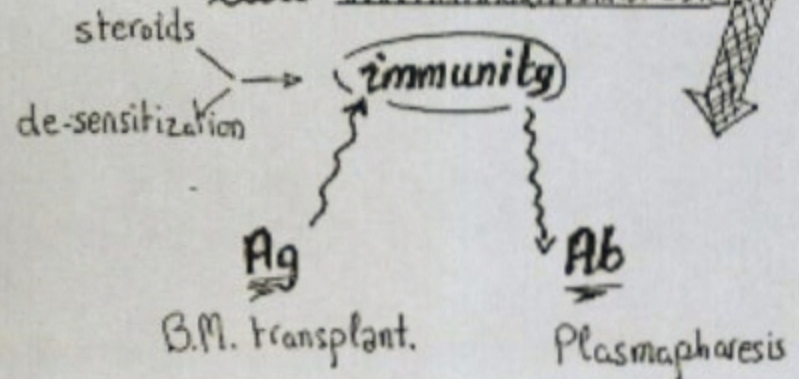
- FWB
- u/s
- PUBS?

per cut umbil. Bl. sample

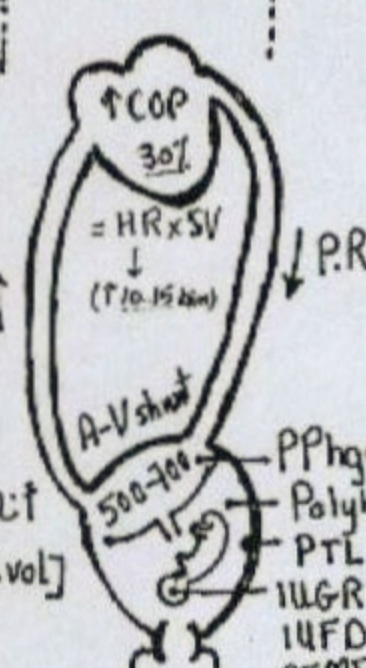
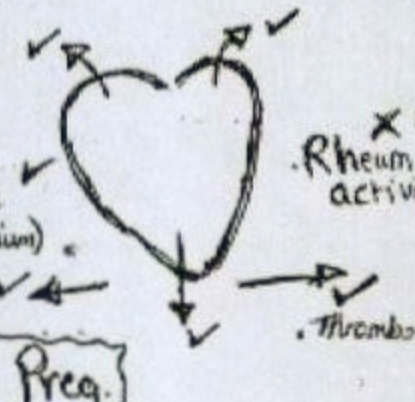
→ Direct Coombs test

1. Buddha attitude
2. Halo around scalp
3. Large pl. shadow
4. IUFD.....
Bolt's
Quarry fish
Robinson
Spalding

N.B. Recent trials



Heart Disease

Etiology	Pathophysiology	C/P	Comp	Inv.
[1] RHD <u>93%</u> ⇒ MAT esp. MS	O/E: (peripheral - central) Neck v. - Cap. puls. JVI - edema - Water hammer p. Rt. hypoch. pain Signs of SVC Signs of hyperd. circ. 	Personal history Age Address, occupation Habit HPI SVC IEC PVC Rheum. activity Cyanosis Ischemia arrhythmia Obst H previous HF in preg. Past H medical: Rh. F. surgical: valve repl. drugs: anti-failure, anti-coag.	On heart Deterioration 1 degree up to Heart failure... (30-34w) (2nd > 1st) esp. at 1. Preg. 2. labor 3. st.  On Preg. Congestion Polyhyd. PTL PPHge hypoxia CFMF IUGR IUFD	X-ray ?? ECG Echo Rh. fever (ASO titre) Classific. (functional Capacity) (dyspnea) Class I - No Class II - mild mod. Class III - severe Class IV - rest [N.Y.H.A]
[2] CHD ⇒ more in developed countries	V.R. 40-50% A-V shunt PPHge Polyhyd. PTL IUGR 2. IUFD 3. CFMF 4.			
[3] IHD ⇒ rare				

1 Pre-Conceptional control

* No Preg. if:

- Class III, IV
- Eisenmenger
- Severe AS or P⁺⁺
- History of H.F.
- Rh. activity
- IEC

limited Co-p

Valve Replacement

1 Mix

2 Conservation "ANC"

Cardiologist
obstetrician

1-2 wks till 32. then wly

early det. of comp eg chest inf.

control of HD → digitalis, pen.

علائق أحياناً صافرة

30-34 Hospit.

TOP (only in 1st trim)

Heparin

OAC

36-37

adv... doesn't cross! placenta

short acting (2-4 hrs)

have antidote (protamine sulphate)

disadv... bl. tendency

thrombocytopenia

osteoporosis (use calciparin)

pass placenta

C.F.M.F.

3 TOP

1st stage

2nd

3rd

avoid methargine + Lasix

Lactation allowed on

Contracept

Counseling

recurrence

4 Post-partum care

Neonate

Lactation

Contracept

Counseling

recurrence

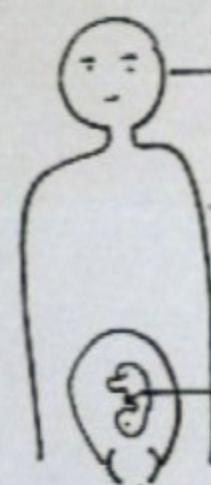
Etiology
Types
Pathophys.

Abortion 10-20%

Ectopic 1-3%

V. mole 1/1000

بجانب
شرق
آسيا



2. Systemic

Diseases
Endocrine
Infection
Imman.
Drugs
Trauma

DM, thyroid 2.
IPD (CI)
PCO
APS
SLE
allo - Rh
Thrombo-
philia

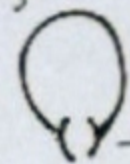
1. Fetal

C.F.M.F.
(numerical)
Blighted ovum

Structural

CMF of ut.
septum
fibroid

3. Local



Patulous int os

Habitual



1st trim

2nd trim

1. Amen.
2. Bleeding / ROM
3. Pain

Types
Spont. Induced

Threatened

Cont. 80%

inevitable

septic
missed

Comp. incamp cervical
(O.O. ex ectopic)

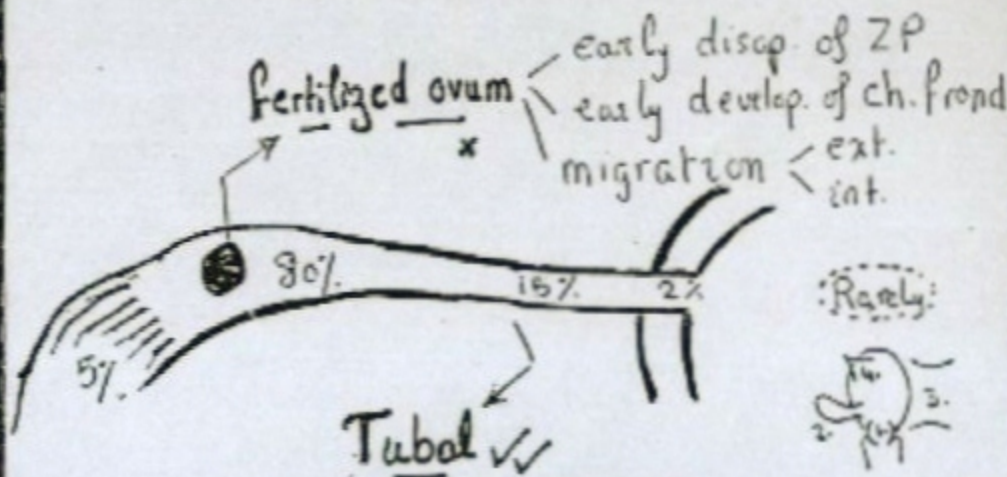
* Therapeutic

Med. disorders

Mental

Malignancy

* Criminal



1. Cong. : hypoplasia, ostia, diverticula

2. Traumatic : on or near tube

3. Infl. : on or near tube

4. Neop. : stretching tube

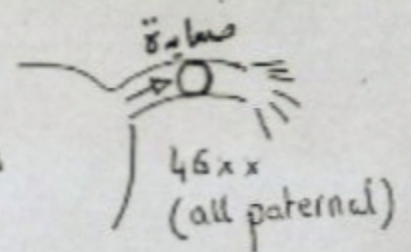
5. Misc. : endometriosis
ART
contraception
Progest.
IUCD

why ↑
↑ STDs
↑ contraception
↑ infertility → ART

A benign tumor of trophoblast
ccc by troph. proliferation
hydropic deg. of ch. villi

Androgenesis

Maternal
chromosomes
disappeared



1. Food



2. Fixation



3. Funct. unit



Types
(Undisturbed) (Disturbed)

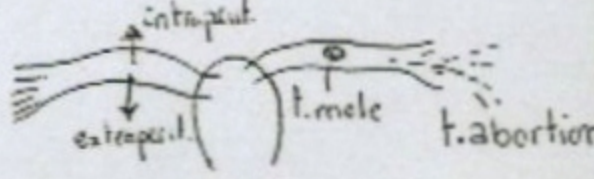
2%

Needs high
level of susp.

U must be
ectopically
minded

helped by
early routine
U/S

. Extra . Intra



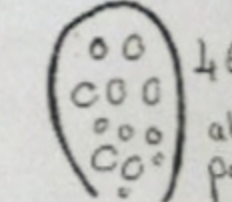
according to
Blood Baby:

1. Acute: G. introphage
2. Subacute: Peritubal hematoma
3. Chronic: Pelvic hematocole

Types
Complete Incomplete

more common

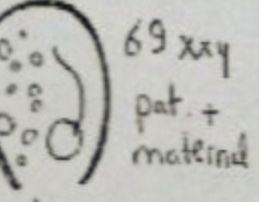
46xx
all paternal



malign 10-20%

Rare

69 xxy
pat. + maternal



malign V. rare

	Threatened	Inevitable	Missed	Septic	Undist.	Disturb.	V. mole
Def.	Partial separation of fert. ovum from ut. wall	Comp. separation ↓ fetal expulsion	Retained non-viable fetus	Super. • G+ve: GBS impus. • G-ve: E.coli inf. • Aner: clostr	early diagnosis < rupture	Rupture occurred	Benign GTD
Sympt.				All are present followed by sympt. of inf. → FAHM-R → cont lower abd pain → offensive disch.	Short period of amen. usually one missed period slight pain no bleeding	short / absent sudden severe pain → collapse no/slight bl.	Amen. (but no f. Kicks) BL ± vesicles (diagnostic) Pain < dull aching colicky ± acute ? sharp abd.
Signs				Toxic look Tender uterus Pelvic abscess / phlegmeters	signs of preg. uterus slight ↑ mild tenderness or small adnexal swelling	Shock not prop. to ext. bl T, R, RT < Callen shifting Tender adnexum = jumpin sign ✓	Pallor / shock ± Comp. ut > FL < doughy no FHS < twins partial bilat. Thyst vesicles
Inv.	B. HCG +ve: doubles / 2d. U/S +ve → etiology → comp.	clinically diagnosed U/S comp. incmp.	→ no doubling → no fetal pulsation Fibrinogen	W/S < dead fetus incmp. abortion blood: ESR, TLC high vag. swab DIC... Renal funct.	β-HCG subnormal rise < 66% TVUS small sac outside ! ut. C.L. + Aria Stella	Clinically diagnosed → Hct level	β-HCG > 100,000 (& for follow up) W/S snow storm X-ray < Honey comb no fetal skeleton chest: Cannon-ball
Comp.	* Continues 70-80% * OR ↓ inf. dies BL↑	- Hge - inf. - injury perforation in D&C	• DIC < 100 mg% → slowly 50/wk heparin may be given (twice) • Sepsis	SIRS ICU CVF suction hysterotomy hysterect. Intd.	Combination Disc. zone = 2000 Laparoscopy ✓ culd. centesis x	Shock	General - PIH < 20 wk - HG - thyrotox. - Pul. emb. Local - Hge, inf - Malign. - Perforation - Recurrence
Mt.	Conservation Rest 3 Fe anti-d anti-PG ✓ 3 Progestin β ₂ agonist x TOP if	Resuscit. 1st suction 2nd oxyt. D&C PG followed by ecbolics antibiotics	According to Fibrinogen > 100 ↓ TOP 1st 2nd Correct first • Fibrinogen • FFP • Fresh blood	1) elevate G. cond. Antibiotics high dose combin. ICU 2) TOP 3) Comp	Laparoscopy ✓ or Laparotomy salpingectomy salpingotomy PG mild cases one tube present Medical = methotrexate < 3cm, < 3000 no ♥ pulsation vitaly stable	Resuscit. ↓ Laparotomy ↓ salpingectomy D&C ± RH ±	Resuscit. suction evac. then ecbolics curetage Follow up 2-3m. 6-12m. C.O.C. (no IUCD) month

V mole [hydatid. mole]

GTN

Chorocarcinoma

Def

Benign tumor of trophoblast cells by \downarrow Tr. prolifer. & hydr. deg.

Etiology

unknown. m.b. a 1st oocyte error \rightarrow genetic & mut. \rightarrow immunological extremes of age

Types

Complete incomplete

- Complete:
 - 46 XX
 - Common
 - mole 5-10%
 - vesicles
- Incomplete:
 - 69 xxy
 - rare
 - rare
 - + fetus & placenta



C/P

- Benign
- Invasive (choriocarcinoma destruens)
- metastasizing

History

amen. @ preg. sympt.

G

anemia @ Comp. \rightarrow PIH, HG, thyrox, DIC

A

Swelling uterus \rightarrow rapid growth

P

Pain dull aching, colicky, sharp

L

Irreg. bl. + vesicles

Risk factors
A(n) B(1) C(2)
- β -HCG > 100,000
- duration > 6 mo.

recent TOP < 5M

50% lung, 30% brain, 20% metastasis

History

anemia @

Swelling uterus

Pain

Irreg. bl. after recent TOP

Inv.

follow up (prog. diag. snow storm)

(x-ray) honey comb

after evac.

- troph. prolifer. @ hydr. deg.
- avascular pattern of villi

β -HCG

U/S

Histopath.

duration of 10 > 6 mo. after preg.

> 100,000 mIU/ml

Doppler (intra-mural)

x-ray, CT, MRI (metastasis)

D & C must be done for diagnosis

- sheets of malign. troph. cells
- Hgic @ avillous pattern

Methotrexate / Actinomycin D

= Single agent for low risk group

= 97% 5YSR (good prognosis)

OR

MAC / EMA-CO

= Combined agent for high risk group

= 70% 5YSR (poor prognosis)

Surgery

hysterect

- Chemoth. intolerance
- Comp. eg severe bl.
- Completed her family

Resuscitation + Surgery

suction evac. hyst. intoto

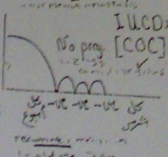
- followed by ectopic curettage
- No hysterectomy
- Risk of choric 35%
- ovaries are not removed except in rare cases

Follow up

- β -HCG titre

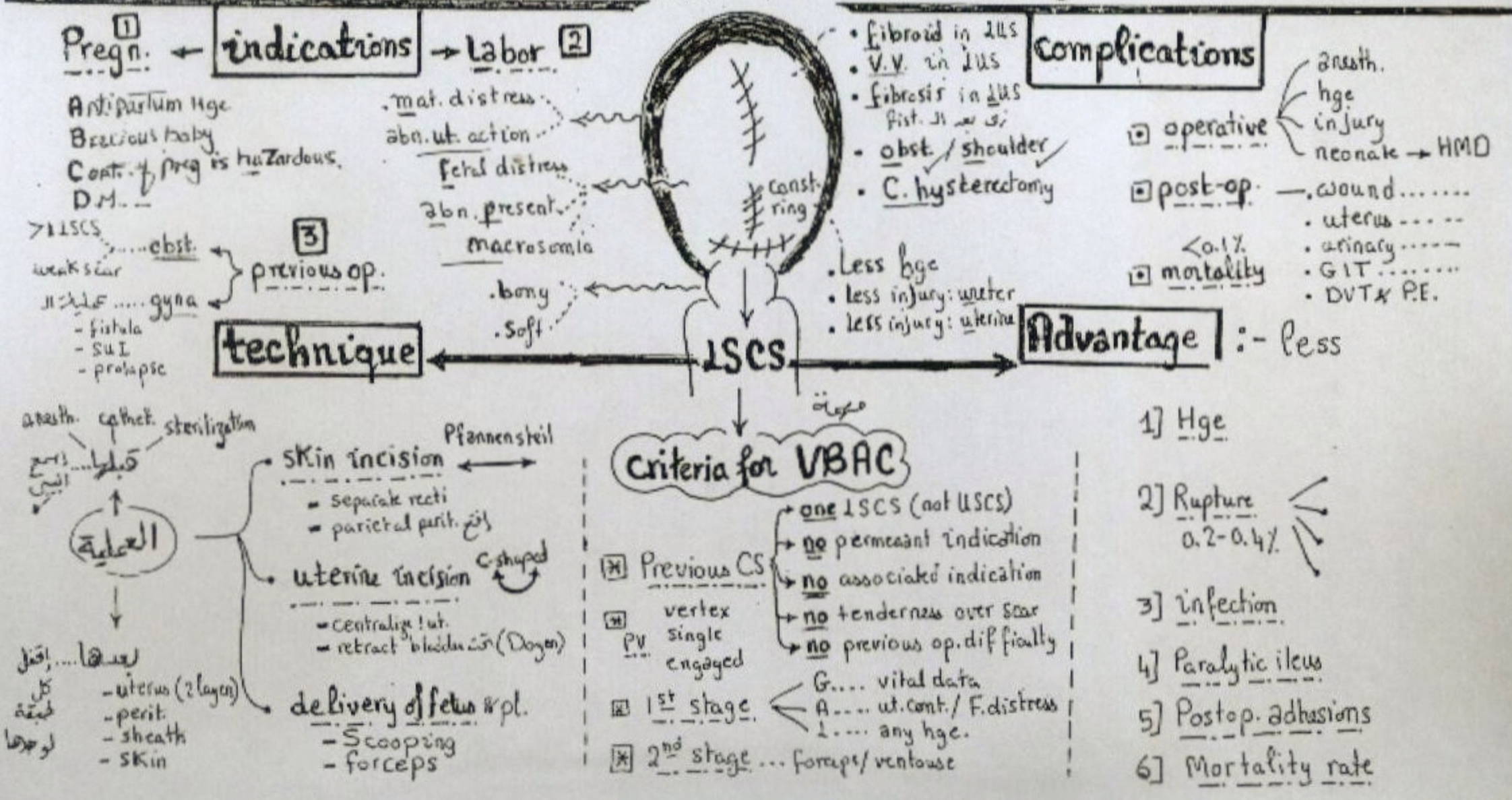
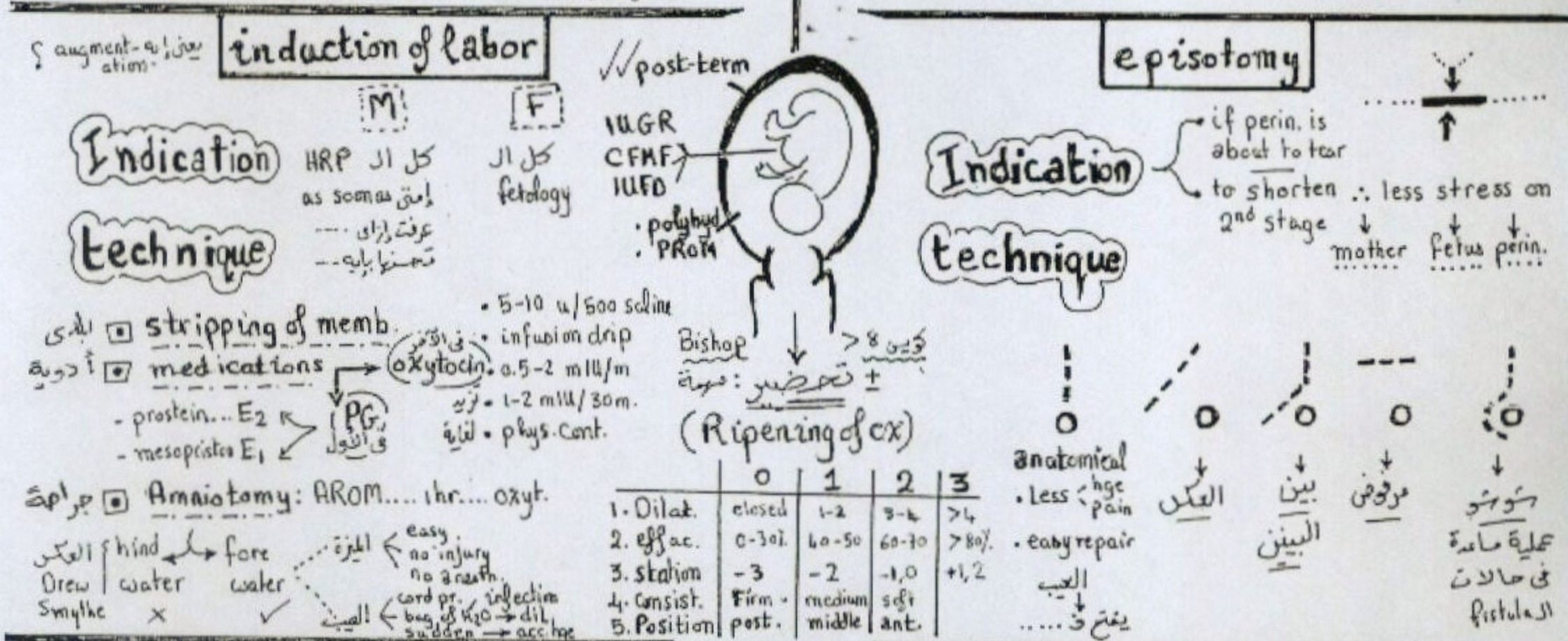
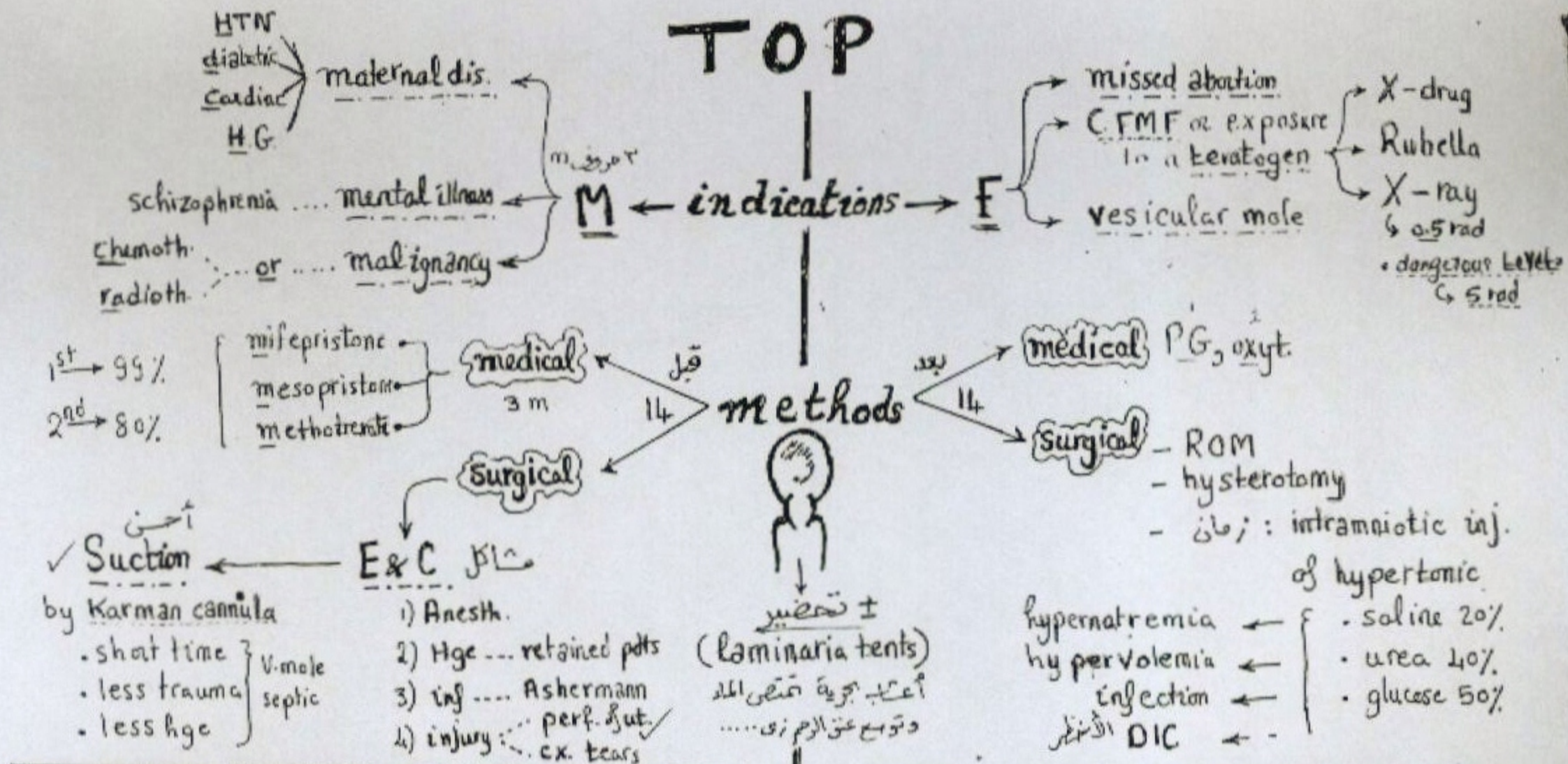
- irreg. ut. bl.

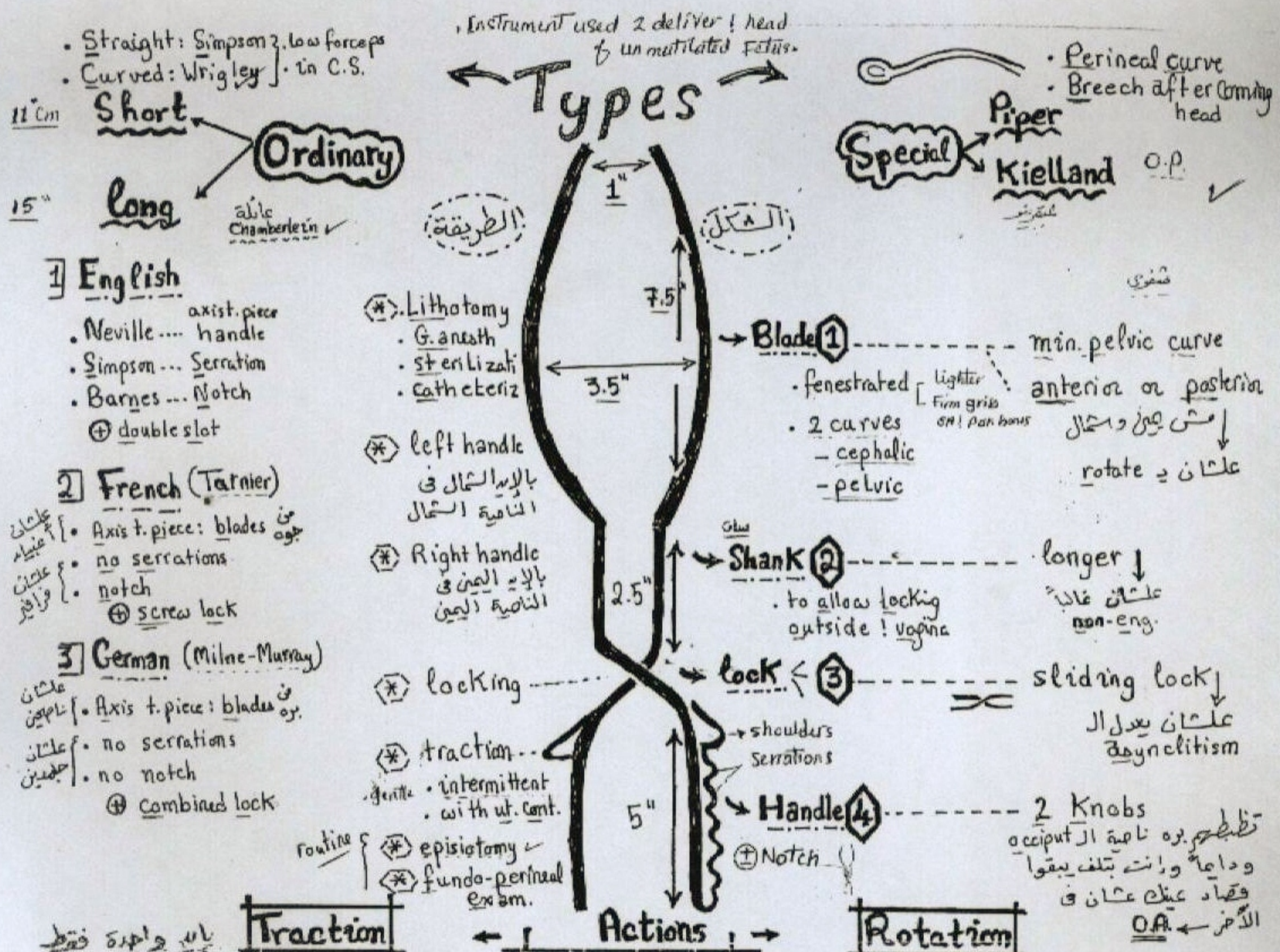
- evd. of metast



rising plateau after

TOP





Traction

- should be applied with pelvic axis
- down & back - - - - down & forwards
- This may be helped by
- Axis traction piece**
- Replaced now by Pajot maneuver

Results

- 1) **Elective** من الأول prophylactic f. after 20 min. from exd. to ↓ M. & F. distress
- 2) **Trial (tentative)** تجربة مرة واحدة في وقت خلاص
- 3) **Failed** باءرا ربح القتل + يتركها كذا مرة أكيد فيه CPD: راسي كبيرة حوض ضيق

Indications	Comp	Application	Level	Results
1] M. distress .HRP to shorten 2nd stage prolonged exhausted mal present 1st minor CPD rigid perin	1] Maternal injury genital tract Prolapse, SUI, fistula hge infection 2] Fetal injury (forceps marks) hge infection distress death	Cephalic x pelvic x Cephalopelvic here! position is DOA, DOP (sagittal suture in AP diam) ± 45° after coming head of br. + fully dil. ROM engaged		
2] F. distress .IUGR with fully dil. ex & engaged head. e.g. Cord prolapse				